



ISR Physical Therapy

FCE TIP OF THE MONTH

October, 2009

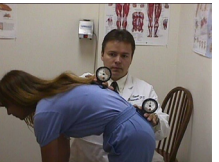
Disability vs Impairments



Impairment- the loss of a physiologic function or of an anatomical structure. The AMA Guides defines an impairment as a deviation from normal in a body part or organ system and its functioning (ie, decreased range of motion or strength).



Disability- an alteration of an individual's capacity to meet personal, social or occupational demands. From a conceptual standpoint, a disability is the gap between what an individual can do and what the person needs.



FCE's are used to analyze an individual's impairments and how that relates to functional disability. A person with an impairment is not necessarily disabled. For example, a traumatic amputation of the little finger would not cause occupational disability for a welder but could cause significant disability for a classical violinist. A FCE attempts to define impairments and identify functional/occupational disabilities, if present.



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"No Excuses. Just Results!"
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ABOUT OUR EVALUATORS:

Richard W. Bunch PhD, PT, CBES

Founder and CEO, of ISR Institute , Partner of ISR Physical Therapy of Houma & Harahan

Dr. Bunch is a nationally renowned professional speaker, author and consultant on the topics of wellness, ergonomics, injury prevention and injury management. (He is the author of the books, *Conversations in Health and Wellness* with Dr. John Gray Best Selling Author of *Men Are From Mars, Women Are From Venus*)



Trevor D. Bardarson PT, OCS, CSCS

Clinic Director, Houma, Partner of ISR Physical Therapy of Houma & Harahan

Trevor is a Board Certified Orthopedic Specialist and Certified Behavioral Based Ergonomic Specialist. He is also Certified in Mechanical Diagnosis and Therapy of the Spine by the McKenzie Institute USA, is a Certified Strength and Conditioning Specialist, and is currently the Training Director for the Worksaver FCE Protocol. Mr. Bardarson is also the Vice President of Clinical Operations for Industrial Safety and Rehabilitation Institute and Clinic Director/Partner of ISR Physical Therapy of Houma, LLC.



Marc Cavallino, MPT, OCS

Clinic Director & Partner of ISR Physical Therapy Harahan

Marc completed his Masters of Physical Therapy at Emory University in 2001. He has had the opportunity since his graduation to work with a variety of orthopedic conditions and is experienced in FCEs, work conditioning, sports injuries as well as back and neck injuries.

