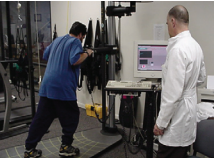




ISR Physical Therapy

FCE TIP OF THE MONTH
May, 2010



Do you know the Purpose of an FCE?

1. To determine impact of impairment on ability to perform tasks-i.e. to assess degree of occupational disability or establish disability rating.
2. To know when and in what capacity, an injured worker can return to a specific job.
3. To increase the probability that the disabled worker will avoid re-injury when employment is resumed.
4. To supplement medical information used to close a case.
5. To assess the probability that the injured worker will be able to find and successfully maintain general employment.
6. To determine the need for rehabilitation and the most effective course of action for rehabilitation.
7. To provide objective data to support the clinicians professional opinions in depositions, court proceedings and Worker's Compensation hearings.
8. To assist in determining validity of occupational disability by ruling out inappropriate illness behaviors such as symptom and/or disability magnification.

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ABOUT OUR EVALUATORS:



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Dr. Bunch is a nationally renowned professional speaker, author and consultant on the topics of wellness, ergonomics, injury prevention and injury management. (He is the author of the books, *Conversations in Health and Wellness* with Dr. John Gray Best

Selling Author of *Men Are From Mars, Women Are From Venus*)



Trevor D. Bardarson PT, OCS, CSCS

Clinic Director, Houma, Partner of ISR Physical Therapy of Houma & Harahan

Trevor is a Board Certified Orthopedic Specialist and Certified Behavioral Based Ergonomic Specialist.

He is also Certified in Mechanical Diagnosis and Therapy of the Spine by the McKenzie Institute USA, is a

Certified Strength and Conditioning Specialist, and is currently the Training Director for the Worksaver FCE Protocol. Mr. Bardarson is also the Vice President of Clinical Operations for Industrial Safety and Rehabilitation Institute and Clinic Director/Partner of ISR Physical Therapy of Houma, LLC.



Marc Cavallino, MPT, OCS

Clinic Director & Partner of ISR Physical Therapy Harahan

Marc completed his Masters of Physical Therapy at Emory University in 2001. He has had the opportunity since his graduation to work with a variety of orthopedic conditions and is experienced in FCEs, work conditioning, sports injuries as well

as back and neck injuries.