



ISR Physical Therapy

FCE TIP OF THE MONTH

JULY, 2009

Advantages of ordering a FCE when attempting to return a client to gainful employment:

- 1.) Adds objectivity- Takes some of the guess work out of return-to-work decision process
- 2.) Assists in determining level of employee's motivation to return to work
- 3.) Assists in identifying illness behaviors that interfere with rehabilitation/return to work
- 4.) Improves potential for safety and productivity when returning the injured worker to his/her job
- 5.) Provides a basis to recommend modifications/accommodations (Satisfies ADA)
- 6.) Determines need for additional job training and/or time allowance for acclimation to the job
- 7.) Provides baseline physical performance data for determination of recovery
(reference: Bunch, PhD., PT; The Art and Science of the FCE)

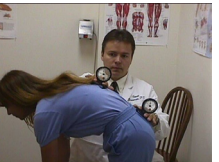
Houma
478 Corporate Dr.
Houma, LA 70360
985-872-5911

New Orleans
1516 River Oaks Rd. West
Harahan, LA 70123
504-733-2111



"No Excuses. Just Results!"

www.isrphysicaltherapy.com



ABOUT OUR EVALUATORS:

Richard W. Bunch PhD, PT, CBES

Founder and CEO, of ISR Institute , Partner of ISR Physical Therapy of Houma & Harahan

Dr. Bunch is a nationally renowned professional speaker, author and consultant on the topics of wellness, ergonomics, injury prevention and injury management. (He is the author of the books, *Conversations in Health and Wellness* with Dr. John Gray Best Selling Author of *Men Are From Mars, Women Are From Venus*)



Trevor D. Bardarson PT, OCS, CSCS

Clinic Director, Houma, Partner of ISR Physical Therapy of Houma & Harahan

Trevor is a Board Certified Orthopedic Specialist and Certified Behavioral Based Ergonomic Specialist. He is also Certified in Mechanical Diagnosis and Therapy of the Spine by the McKenzie Institute USA, is a Certified Strength and Conditioning Specialist, and is currently the Training Director for the Worksaver FCE Protocol. Mr. Bardarson is also the Vice President of Clinical Operations for Industrial Safety and Rehabilitation Institute and Clinic Director/Partner of ISR Physical Therapy of Houma, LLC.



Marc Cavallino, MPT, OCS

Clinic Director & Partner of ISR Physical Therapy Harahan

Marc completed his Masters of Physical Therapy at Emory University in 2001. He has had the opportunity since his graduation to work with a variety of orthopedic conditions and is experienced in FCEs, work conditioning, sports injuries as well as back and neck injuries.

