



# ISR Physical Therapy

FCE Tip April, 2015

By Marc D. Cavallino, MPT, OCS

## The Importance of the Intake Interview

The beginning of any evaluation is the intake interview. It is the basis for the clinician's provisional diagnosis of the patient. It provides the clinician with crucial information like type and onset of injury, nature and severity of symptoms, diagnostic tests performed, treatments rendered, responses to treatments, and the patient's impression of how these symptoms affect the activities of daily living.

The intake interview also provides additional information to an FCE evaluator because it is the clinician's first observation of a patient's tolerance to activities. We can begin to observe sitting tolerance and pain behaviors which can be cross referenced during the day of evaluation.

During the intake interview, we educate and ensure that the patient understands the FCE process, the pain analog scale, whether or not he/she has taken any pain medications or beta blockers that could adversely affect pain or heart rate monitoring. It is also the period of time when we ensure the person has completed all intake paperwork and when we assess for any signs of fear, anxiety, anger, or other emotional issues that may have to be monitored throughout the FCE to determine in conjunction with all other FCE tests whether or not psychosocial barriers to RTW may exist.

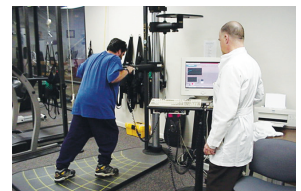
An intake interview is a very important first step to any evaluation, especially an FCE.

## LOCATIONS:

HOUMA WEST  
478 Corporate Dr.  
Houma, LA 70360  
985-872-5911

HOUMA EAST  
814 Grand Caillou Rd. Ste 17  
Houma, LA 70363  
985-346-0383

NEW ORLEANS  
1516 River Oaks Rd. West  
Harahan, LA 70123  
504-733-2111



## ABOUT OUR EVALUATORS:

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Richard W. Bunch PhD, PT, CBES  
Founder and CEO, of ISR Institute , Partner of ISR  
Physical Therapy of Houma & Harahan

Dr. Bunch is founder and CEO of ISR Institute. He is a nationally renowned professional speaker, author and consultant on the topics of wellness, ergonomics, injury prevention and injury management.



Trevor D. Bardarson PT, OCS, CSCS  
Clinic Director, Houma, Partner of ISR Physical Therapy of  
Houma & Harahan

Trevor is a Board Certified Orthopedic Specialist and Certified Behavioral Based Ergonomic Specialist. He is also Certified in Mechanical Diagnosis and Therapy of the Spine by the McKenzie Institute USA, is a Certified Strength and Conditioning Specialist, and is currently the Training Director for the Worksaver FCE Protocol. Mr. Bardarson is also the Vice President of Clinical Operations for Industrial Safety and Rehabilitation Institute and Clinic Director/Partner of ISR Physical Therapy of Houma, LLC.



Marc Cavallino, MPT, OCS  
Clinic Director & Partner of ISR Physical Therapy Harahan

Marc completed his Masters of Physical Therapy at Emory University in 2001. He has had the opportunity since his graduation to work with a variety of orthopedic conditions and is experienced in FCEs, work conditioning, sports injuries as well as back and neck injuries.