



EXPERIENCE - continued

Traveling Physical Therapist (Full-time, October 1996 - April 1997)

Health Tour, 900 Chelmsford St., Lowell, MA 01851

- ◆ Completed one assignment in a Rehabilitation Hospital setting and another in an Outpatient Orthopaedic setting.

Associate Physical Therapist (Full-time, June 1996 - September 1996)

Nova Physiotherapy, 714-233 Kennedy St., Winnipeg, Manitoba R3R 0C5

- ◆ Managed an outpatient orthopaedic caseload which included work hardening, motor vehicle accident, sports injuries, fitness instruction, repetitive strain injuries, post surgical, TMJ, geriatrics and chronic pain.

Associate Physical Therapist (Full-time, August 1995 - June 1996)

Corydon Physiotherapy, 3360 Roblin Blvd., Winnipeg, Manitoba R3R 0C5

- ◆ Professional duties as above.

Associate Physical Therapist (Part-time, November 1994 - September)

River East Physiotherapy, 1215-A Henderson Hwy., Winnipeg, Manitoba R2G 1L8

- ◆ Professional duties as above.

Staff Physical Therapist (Full-time, May 1994 - August 1995)

Misericordia General Hospital, 99 Cornish Ave., Winnipeg, Manitoba R3C 1A2

- ◆ Organized all aspects of the Outpatient Orthopaedic Program.
- ◆ Managed and scheduled a caseload consisting of post orthopaedic surgery, post injury (Acute/sub-acute), workers compensation, motor vehicle accident, sports injuries and chronic pain.
- ◆ Performed physical therapy consultations in emergency and the intensive care unit as well as inpatient acute orthopaedic and cardiorespiratory when required.



EDUCATION

Professional Education

- ◆ Bachelor of Medical Rehabilitation, Physical Therapy, University of Manitoba, 1994.
- American Physical Therapy Association accredited school.
- ◆ Graduated on the Dean's Honor Roll.
- ◆ Recipient of three awards/scholarships in 1994 and one in 1993.

- 2009** Presented “The Art and Science of the FCE” at the Key Concepts for Successful Return to Work conference on September 24th, 2009
- 2009** Presented “Ergonomics and the Aging Workforce” to the American Society of Safety Engineers September 8th, 2009.
- 2009** Job Specific Physical Demand Validation for Chevron’s Tengizchevroil Business Unit. Validated and created job descriptions for all of the employee positions in Tengiz Kazakhstan October 2009.
- 2009** Job Specific Physical Demand Validation for Chevron’s Polyethylene Pipe Plant Business Unit. Validated and created job descriptions for all of the employee positions in Atyrau Kazakhstan October 2009.
- 2009** Job Specific Physical Demand Validation for Saudi Arabian Chevron. Validated and created job descriptions for all of the employee positions in the Partitioned Neutral Zone, Kuwait October 2009.
- 2009** Instructor -“The Revised NIOSH Lift Equation” and “Field Ergonomics” presented during the Certified Behavioral Based Ergonomic Specialist Training Program (Jan 9th, April 2nd, June 11th & July 16th 2009)
- 2009** Job Specific Physical Demand Validation for Chevron’s Aviation Services Business Unit. Validated and created job descriptions for all of the employee positions in San Ramon and Oakland California January 2009.
- 2009** Job Specific Physical Demand Validation of William Olefins Plant. Validated and created job descriptions for all of the employees at the Geismer Plant.
- 2008** Instructor for WorkSaver FCE Certification Course, Houma, June
- 2008** Job Specific Physical Demand Validation for Chevron’s Oronite Business Unit. Validated and created job descriptions for all of the employee positions in Oak Point Plant July & August 2008.
- 2008** Job Specific Physical Demand Validation of Folgers Coffee in Chalmette Louisiana. Validated and created job descriptions for all of the employees at the Chalmette Coffee Plant.
- 2008** Co-author of “Medical Fitness for Duty” paper published with Dr. Frangos, Chevron Medical Director and Dr. Bunch, CEO ISR Institute at the Society of Petroleum Engineers in Nice France April 2008.
- 2007** Murder Trial Ergonomic Study for Walker Police Department December 17th, 2007
- 2007** “Rehabilitation of the Injured Worker”- presented to Louisiana Association of Rehabilitation Professionals December 7th, 2007

- 2007** "Waddell Signs" - presented at the Case Managers Conference June 20th, 2006
- 2007** "Back to Fitness" - presented to Tetra Services July 18th, 2007
- 2007** Job Specific Physical Demand Validation for Chevron's Mid Continent/Alaska Business Unit. Validated and created job descriptions for all of the employee positions from Texas to Alaska May to December 2007.
- 2007** Instructor -"The Revised NIOSH Lift Equation" and "Field Ergonomics" presented during the Certified Behavioral Based Ergonomic Specialist Training Program (4/26/07)
- 2006** "Fitness For Duty" Presented to Chevron Global Business Unit February 21st, 2006
- 2005** Instructor on "The Revised NIOSH Lift Equation" presented during the Certified Behavioral Based Ergonomic Specialist Training Program (10/26/05)
- 2005** "Back to Fitness" Presented to Cenac Towing October 2005
- 2005** Instructor for WorkSaver FCE Certification Course, Shreveport, March 19th & 20th.
- 2004** "Neck pain and Strokes related to Bifocals and Computers-Method of Prevention by the Safety Professional" Session No.623 Publication ASSE Safety Journal.
- 2004** Instructor on "The Revised NIOSH Lift Equation" presented during the Certified Behavioral Based Ergonomic Specialist Training Program (11/5/04)
- 2004** "Emergency Response Teams - Are They Fit For Duty?" - presented at the Environmental, Safety and Health Conference, Galveston Texas, June 2004
- 2004** Office Ergonomic Evaluations - Entergy - July to September
- 2004** "Impairment & Disability" Presented to FARA insurance company June 2004
- 2004** Job Specific Physical Demand Re-validation for ChevronTexaco's Gulf Of Mexico Business Unit. Validated and created job descriptions for all of the employee positions in the Gulf of Mexico May and June 2004.
- 2004** Instructor on "The Revised NIOSH Lift Equation" presented during the Certified Behavioral Based Ergonomic Specialist Training Program (5/21/04)
- 2004** Instructor "Ergonomics in the Office and The Field." Presented to Amerada Hess Employees April 2004.
- 2003** Instructor "Ergonomics in the office" Presented to Amerada Hess employees on multiple occasions - September, October, November 2003.
- 2003** Instructor on "The Revised NIOSH Lift Equation" presented during the Certified Behavioral Based Ergonomic Specialist Training Program (11/13/03)

- 2003** Job Specific Physical Demand Validation of ChevronTexaco's "Pertronius" Deepwater Facility (8/1-2&3/03)
- 2003** Job Specific Physical Demand Validation of ChevronTexaco's "Typhoon" Deepwater Facility (7/25&26/03)
- 2003** Job Specific Physical Demand Validation of ChevronTexaco's "Genesis" Deepwater Facility (7/18&19/03)
- 2003** Job Specific Physical Demand Validation of AmericanAerocrane's Houma Facility (4/3/03)
- 2003** Job Specific Physical Demand Validation of Tidewater Marine's Amelia Docking Facility (3/20&21/03)
- 2003** Presenter on Mechanical Factors in Work Injuries to the Certified Clinical Ergonomic Specialist Course, March 2003
- 2002** Functional & Isometric Computer Based Testing using the Hanoun FOCUS, December, 2002.
- 2002** Instructor for WorkSaver FCE Certification Course, Baton Rouge, July 26, 27, 28, 2002
- 2002** Presenter on McKenzie Concepts in Spine Care, "Key Concepts Successful Return to Work Conference" (5/9/02).
- 2001** Presenter on McKenzie Concepts in Spine Care, "Key Concepts for Successful Return to Work Conference" (11/13/01).
- 2001** Ergonomic training for Chevron offshore employees at the West Delta 117Q and 117G offshore production platforms(10/13/01 & 10/20/01)
- 2001** Ergonomic training for Chevron offshore employees at the West Delta 30 and 27A offshore production platforms(9/29/01 & 10/6/01)
- 2001** Ergonomic training for Chevron employees at the Leeville Shorebase Operations (7/3/01 & 7/21/01)
- 2001** Ergonomic training for Chevron employees at the Intracoastal City Shorebase Operations (6/14/01 & 6/23/01)
- 2001** Ergonomic training for Chevron offshore employees at the South Timbalier 37J, South Timbalier 177E and South Timbalier 148 offshore production platforms(5/5/01 & 5/26/01)
- 2001** Instructor for Worksaver FCE Certification Course, Covington, LA(4/6/01 & 4/7/01)
- 2000** Instructor for WorkSaver FCE Review Session
- 1999** Presenter on Waddell testing and Non-organic pain behavior at the conference on "Key Concepts for Successful Return to Work"

2009 Kinesio Taping Fundamentals and Advanced, December 5th and 6th.

2009 Underwater Helicopter Egress Training and Water survival Training– University of Louisiana Lafayette September 17th, 2009

2009 Safe Gulf Training – September 3rd, 2009

TREVOR BARDARSON PT, OCS, CSCS, Cert. MDT, CFCE, CBES

478 Corporate Dr.
Houma, LA 70360
(985) 872 – 5911

Continuing Education Continued

- 2008** Certified Strength and Conditioning Specialist re-certification
- 2008** McKenzie Part C – Mechanical Diagnosis and Therapy of the Spine – problem solving 11/21-23/2008.
- 2007** Chevron GO308 training, hosted by ErgoScience August 2007.
- 2005** Repetitive Strain Injuries of the Upper Extremity
- 2005** Knee Anatomy and Biomechanics
- 2005** Shoulder Anatomy and Biomechanics
- 2004** “Core Stabilization” Lumbar thoracic and cervical stabilization techniques.
- 2003** Certified Behavioral Based Ergonomic Evaluator
- 2003** Certified by the American Physical therapy Association as an Orthopedic Specialist.
- 2003** Certified Ergonomics Evaluator Program With Roy Matheson and Associates.
- 2003** APTA Orthopedic Section Home Study Course (84 hours)
- 2002** Certified in Performing AMA Impairment Ratings.
- 2002** Pilates Concepts In Rehabilitation.
- 2001** Plyometrics Training in Rehabilitation (9/8/01 & 9/9/01).
- 2001** Mechanical Diagnosis and Therapy of the Upper Extremity(5/19/01 to 5/21/01).
- 2000** Certified by The Mckenzie Institute USA in Mechanical Diagnosis and Treatment of the Spine
- 1999** Certified by the National Strength and Conditioning Association as a Strength and Conditioning Specialist.
- 1999** McKenzie Part C and D - Advanced concepts and problem solving in the mechanical diagnosis and treatment of the spine.
- 1998** McKenzie Part A and Part B for lumbar, Thoracic and Cervical Mechanical diagnosis and Treatment
Manual and Exercise Therapy for Upper and Lower quarter Dysfunction
- 1997** Open and Closed Chain Kinetic Exercises
- 1996** Extremity Level 3 (mobilizations and manipulations)
Acupuncture - Part 3A - Back, Lower Limb
- 1995** Vertebral Level 3 (mobilizations and manipulations)
Muscle Energy Technique #1
Extremity Level 2 (mobilizations)

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1994 Advanced Taping Techniques
Acupuncture - Part 2A - Head, Neck and Upper Limb
Acupuncture - Part 1 - Introductory
Vertebral Level 2 (mobilizations)

Non-Physical Therapy Training

2002- to Present

Business Administration training at the Hubbard College of
Administration of Florida & Measurable Solutions Consultants
1221 Rogers Street - Suite A Clearwater, FL 33756(727) 446-7396

PROFESSIONAL INVOLVEMENT

Public Relations Director - Canadian Physiotherapy Association, Manitoba Center (1995)
President - Medical Rehabilitation Students Union (MRSU), University of Manitoba (1994)
Trainer - St. John's High School Football Team (1993)
Vice President - MRSU, University of Manitoba, (1993)
Trainer - Interlake Lightning 'AAA' Midget Hockey Team (1992)